



Punctual Pre-schoolers are ready to learn

Getting ready in the morning and arriving at school on time can be tricky. However, this needn't be a losing battle as there are some simple steps that you can take that will help parents to get their children to school on time and make sure that they are punctual for the rest of the school year.

Here are some tips for being punctual with kids...

Prepare the night before

The key to punctuality is preparation and organization. By getting things ready the night before you will [save time](#) and hassle in the mornings. Prepare uniforms and work clothes and make sure that you have completed any forms, letters or paperwork that the school have sent you home to complete.

Get up on time

It may seem obvious, but one of the biggest causes of being late for school is not getting up in time. It is tempting to press the snooze button on the alarm but those extra few minutes in bed can really make the difference between being punctual and being late. Therefore, it is essential that you get out of bed as soon as the alarm rings to give yourself plenty of time to prepare for the school day. Better still, set the alarm for ten minutes earlier than usual.

Turn off the TV

The television can be a big distraction to children. Having the television on in the mornings can prevent them from concentrating on the task of preparing for school. The simplest solution to this problem is not to have the television on in the morning. Perhaps compromise by allowing them to have half an hour to watch the television and have a snack on returning to school. Children will soon get used to this routine.

Set off in plenty of time

Another factor that can cause people to be late is traffic. If you drive the children to school it is vital that you leave yourself plenty of time and take into account possible delays that you may encounter. The school run is one of the busiest times on the road as this is also the time when many people are travelling to work. Leaving in plenty of time also puts you less at risk of driving too fast and potentially having an accident.