

# HOLY FAMILY PRIMARY SCHOOL

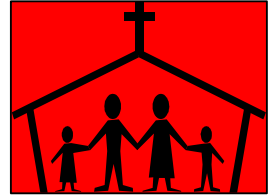
TERM 3 - NEWSLETTER 2

3 August 2011



## 'FAMILY MATTERS'

*PRINCIPAL'S MESSAGE*  
*marek@holyfamily.act.edu.au*



Dear Parents and Carers,

I spent two days in Melbourne last week on behalf of the ACT Teacher Quality Institute. The meeting was hosted by the Australian Institute for Teaching and School Leadership (AITSL) and an organisation called SiMERR, which has conducted a validation study of the National Teacher Standards.

At the meeting I was briefed about the Teacher Standards Pilot Project that the ACT Quality Teacher Institute will be conducting. With Holy Family's track record of supporting the Australian Catholic University's professional experience program, Holy Family has been identified (along with Macquarie Primary School) to take part of this project around preservice teacher education. Five mentor teachers from each school have been nominated to take part in this project of national significance on the basis of their leadership skills, commitment to teacher quality and my confidence in them to drive transformational change. This project offers a rich professional experience and entails the use of the Standards to enhance practicum feedback and assessment, with the participants being a case study.

### **PUPIL FREE DAY**

A reminder once again that **Thursday 18 August is a pupil-free day**. This day has been authorised by the ACT Department of Education so that all teachers in the ACT can undertake professional learning regarding aspects of the new Australian Curriculum.

### **AWARDS**

Congratulations to the children who received awards at last Friday's Assembly:

<b>KR</b> Stephanie, Joshua, Charlotte	<b>3R</b> Erin, Ella
<b>KW</b> KW for welcoming Mrs Aoun into their classroom every Wed in Term 2, Alina, Matthew, Jannali	<b>3W</b> Georgia, Paris
<b>KB</b> Imogen, Tharushika, Jayme	<b>3B</b> Bella, Mychael
<b>KG</b> Ari, Hayley, Brenna	<b>3G</b> Olivia, Ben
<b>1R</b> Ricky, Mathilde	<b>4R</b> Kristina, Thomas, Rose
<b>1W</b> Zoe, Kowhai	<b>4W</b> Alex, James, Joshua
<b>1B</b> Victor, Nicolas, Phoebe	<b>4B</b> Edwin, Tyson, Lachlan
<b>2R</b> Eve, Olivia	<b>5R</b> Imchan, Darcy, Jessica
<b>2W</b> Callum, Nicolas, Amber	<b>5W</b> Lachlan, Paul, Erin
<b>2B</b> Maren, Aidan	<b>5B</b> Jasmine, Lachlan
<b>2G</b> Emma, Benjamin, Sophie, Maddison	<b>6R</b> Edward, Taylor, Emily
	<b>6W</b> Felicity, Harry
	<b>6B</b> Sebastian, Chanel



### **SCHOOL UNIFORM**

By mid year school shoes often need to be replaced. (They never seem to last as long these days!) So a reminder that school shoes must be black and made of leather.



### **CONGRATULATIONS**

Last week EMMA participated in the semi-finals of the Rostrum public speaking competition. It was certainly a cold and miserable night. This phase of the competition took place at Gundaroo! Emma was the first speaker and represented our school admirably. She spoke about dinner time at her house! What a great job, Emma, we are so very proud of you.

### DOUBLE EARN & LEARN POINTS THIS WEEK!

From now until Sunday 7 August 2011, Woolworths are giving customers TWO Earn & Learn points for every \$10 they spend (excluding the purchase of cigarettes, alcohol and gift cards). Parents and kids please keep collecting and bringing in your Woolworths shopping docket and make the most of earning DOUBLE Earn & Learn points when you shop this week!

Parents, kids and the local community can check online at [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn) to see how well the school is doing.

**Collect DOUBLE Woolworths Earn & Learn points today!**



**PLEASE MARK THIS DATE ON YOUR CALENDARS!**

# Holy Family School Fete

**SATURDAY 5 NOVEMBER 2011  
10AM TIL 3PM**

**We will be asking for your assistance shortly!**

### TERM OVERVIEWS/CLASS LETTERS

Teachers will have their Class/Grade Term 3 Overviews and Integrated Units on line this week. We hope this will keep you informed of the teaching and learning that is taking place within their classrooms. Please take the time to read these Overviews so that you can continue the discussions about your child's learning at home. This information can be accessed via the school's website, then click on the MyClasses button - then click on the Year/Class page. Remember that all homework is also online and any printed notes sent home relating to your child's class or Grade can be accessed from this site. General notes sent home with the newsletter can be accessed via the school newsletter page online.

### MESSAGE TO SCHOOLS ON BIKE HELMETS from ACT Policing

As the new school term has commenced, this is a timely reminder to children of all ages who ride push bikes to and from school and also after school hours there is a legal requirement to wear an approved bicycle helmet. Rule 256 of the Australian Road Rules requires the rider of a bicycle to wear an approved bicycle helmet securely fitted and fastened on the rider's head. This requirement also extends to any passenger being carried by the rider. Where a person is detected by police not wearing an approved bicycle helmet they may be issued with a Traffic Infringement Notice for the amount of \$51.



## Parent Network MEETING TONIGHT @ 7.00pm IN THE STAFFROOM



### WEDDING CONGRATULATIONS

We send our congratulations to Luke Angel and Michelle King on their upcoming wedding to be celebrated in Cairns this coming Friday 5 August. What a special time it will be for all four of you as Dré (KW) and little Jordyn walk "down the aisle" with you both, as your mothers act as witnesses and other family & friends are around you! And then a week in warm FNQ! Enjoy and wishing you many blessings.

### HAPPY BIRTHDAY TO FR JOHN

Tomorrow, Thursday 4 August, is Fr John's birthday and we wish him many blessings and give thanks for the gift he is to our school community and the parish.



*I ask God's blessing on you and your homes,*

*Anne-Marie Marek*

## Assistant Principal News

**Life's Reflections – Photographic Competition**



Do your children have talent using a camera? This competition has an entry category for primary students, Kinder – Yr 6 and seeks photographic images which reflect or promote older people staying connected, actively involved in their community; the importance of relationships between different generations and the features and attractions which make Canberra a great Age-Friendly City of the World. There are fabulous prizes to be won including quality cameras and gift vouchers. Entries close Monday 1 December. Entry and information brochures are available upon request.

### UNSW Science Competition

We congratulate all the following students who sat the UNSW Science competition. For this competition students were required to use skills that included interpretation, investigation, prediction and observation.

**Year 3:** Darcy

**Year 4:** Madeline, Danielle, Emily

**Year 5:** Matilda, Long, Jessica, Aisling and Jasmine

**Year 6:** Chantelle, Jack, Claire, Angus, Angas, Jade and Oscar



Students from Holy Family received: 5 Distinction, 5 Credit and 6 Participation Awards. Our community will congratulate these students at Friday's assembly.

God's Blessings to you all  
Lina Vigliotta  
Assistant Principal

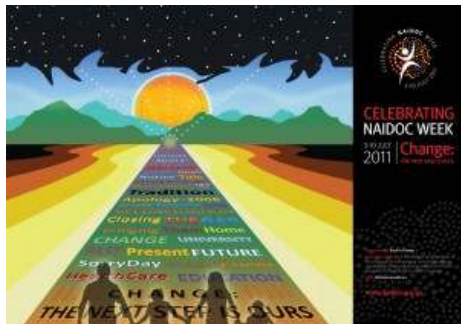


## RELIGIOUS EDUCATION NEWS

### Praying Hands

At our Prayer Assembly on Monday we launched our focus for the term "We are God's PRAYING hands". The children listened to a reading taken from Psalms which simply suggested we "Be still and know that I am God". Often it is in the quietness, stillness and silence we begin to focus inwardly on God. Maybe this week you could spend some time in silence to just BE with God.

*Dear God,  
You are in the stillness and quiet  
You are here in our midst everyday  
Help me to slow down, be still and spend time with you  
Help me to remember to talk to you everyday  
Amen*



### Celebrating NAIDOC Week

Last Friday Mrs Moore and myself accompanied six of our indigenous students to the NAIDOC Mass at St. Christopher's Cathedral in Manuka. The Mass gave all catholic schools the chance to gather and reflect on the indigenous in our local community, celebrate their presence and the wonderful contributions they make to our school life. The ceremony began with a traditional smoking ceremony outside the church before all the congregation processed in to begin the celebration of Mass with our Bishop Mark Coleridge. Holy Family was invited to bring along the 'didgeridoos' each class had created at the end of last term as part of the display of symbols. Our six students, Michael, Gypsy Rose, Ethan, Sophie, Caitlin and Alyssa participated in the offertory procession. All schools were given a special gift in memory of this special celebration which is placed on our prayer table in the foyer.



## Eucharist



Yesterday all of our Year 3 children participated in the Eucharist Retreat at Holy Family Church. The day began with a song and then a reconciliation liturgy lead by Fr. John. The children were given time to reflect on their lives and ask for forgiveness. The children then had an opportunity to practice for their First Eucharist Mass and taste the bread and wine. After a fruit and donut break, children worked in groups to produce some beautiful artwork for the church and the school foyer. Sacrament stoles were also decorated

as well as children being given an opportunity to use up some energy through various fun games. The day concluded with our Corpus Christ song and children spent a few minutes reflecting on the day and sharing the highlights. We thank Lisa-marie Ciuffettelli for all her wonderful preparation for the day, the Year 3 teachers who so capably lead the groups and all the many wonderful parent helpers who prepared the food for the day. The children begin to receive their First Eucharist in the Parish masses from the weekend of August 13<sup>th</sup> and 14<sup>th</sup>.



### St. Mary MacKillop

Next Monday 8 August we celebrate the feast day of St. Mary MacKillop, our first Australian saint. Mr. Mowlam and 1 Red will be leading us in a Prayer Assembly centring around her special day and all parents are warmly invited to attend.



Warmest wishes for a great week ahead  
Val Sheahan  
Religious Education Coordinator

## DATES TO REMEMBER



Thursday 4 August  
Friday 5 August  
Saturday 6/Sunday 7 August  
Monday 8 August

Fr John's Birthday  
Seasons  
1.50pm 3W Assembly, Presentation Hall, all welcome  
Parish Expo (details in Parish News section of newsletter)  
9am 1R Prayer Assembly, Presentation Hall, all welcome

## PD HEALTH AND PE REPORT

### BOOROWA TOUCH AND NETBALL CARNIVAL

This year's date for this stupendous event is Friday the 21<sup>st</sup> of October, 2011. Notes will be distributed to interested students tomorrow. Please ensure that you are prompt with completing and returning permission slips and money as places will be limited.

### ACTIVE KIDS CHALLENGE

The theme for Week One is Active Travel ~ Active travel to school is a great way for children to get fit and prepare themselves for a day of learning. Children can use bikes, scooters, rollerblades and their feet to increase their physical activity levels each day. Couple this with the Morning Fitness at school and what a great start to the day.

### TPSSA TOUCH

We wish Lachlan and Nick all the best as they represent Holy Family and the Tuggeranong PSSA at the ACT Championships today.

### HEALTH AND PE WEEK 2011

Just a heads up to let you know that this special week is Term Three Week Nine, **19-23 September**. It will be an energetic week so stay tuned and keep abreast of what will transpire.

### ACT PSSA GYMNASTICS COMPETITION: EXPRESSION OF INTEREST

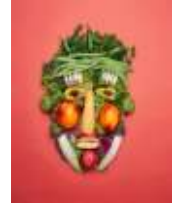
We are calling for expressions of interest from students who wish to participate in this event. The competition will be held on Thursday November 10th at Southern Canberra Gymnastics Club Erindale.

All routines remain the same as last year and contain skills similar to ACT state stream routines and very little dance. I do have more information about the routines if you wish to have more information.

If you are keen for your child to participate in this event please email me by Thursday 18<sup>th</sup> August at [mowlam@hollyfamily.act.edu.au](mailto:mowlam@hollyfamily.act.edu.au).

### Word of the Week

So as to prove that I'm not just a dumb jock, read "Physical Education Coordinator", I have decided to help improve the vocabulary of our community. I am also enlisting the help of our students. Boys and girls if you believe that you have a word that is worthy of this esteemed space, please email it and its definition to [mowlam@hollyfamily.act.edu.au](mailto:mowlam@hollyfamily.act.edu.au).



**This week's word is inspired by Cosentino from *Australia's Got Talent*. The word is prestidigitation, which according to the Oxford Dictionary is a noun that means sleight of hand. It is a French word whose etymology can be traced back to the mid 19<sup>th</sup> Century.**

Till next edition, stay healthy  
Brendan Mowlam  
Coordinator

## CANTEEN NEWS

There has been a mix-up re the Canteen roster and so I ask any parents/carers (grandparents welcome too!) who regularly do canteen duty to re-fill in the form so that I can draw up a roster. And, please, some help tomorrow would be great.

Jody Whichelo, Canteen manager



### CANTEEN VOLUNTEERS

I..... would like to volunteer for the roster.

**Day(s)**      Δ Tuesday      Δ Wed      Δ Thurs      Δ Fri

**Times** (please indicate preferred times)

Δ 9:30-11:30                      Δ 12:30- 2:30                      Δ Other .....

Δ Weekly                      Δ Fortnightly                      Δ Monthly

Sorry I can't commit to roster but please call me in emergencies

Sorry I can't commit but I can help on the following dates: .....

Child's name ..... Class .....

Contact Phone Number(s).....

## BOOKCLUB NEWS

Please return your Issue 5 Bookclub order form this Friday 5 August. Please make sure all money/cheques/credit slips are securely sealed in an envelope with your child's name and class on the front. **CHEQUE OR CREDIT is the preferred method of payment.**



When making credit card payments **ONLY 1 TOTAL PAYMENT** needs to be made regardless of how many brochures you are ordering from and **ONLY 1 RECEIPT WITH TOTAL AMOUNT** needs to be filled out. Please note that **NO** cash will be accepted for any late orders. Any help on Friday from 9.30am in the library would be appreciated. All enquiries to Bronwyn on 6292 4083.

## PARISH NEWS

**THIS WEEKEND 6 & 7 August, we finally have our Parish Expo.** Come across to Presentation Hall at Holy Family School, 30 minutes before and after each Mass, and take a look at just what is happening in our parish. Please consider what contribution you will make in 2011-2012. Groups have been contacted inviting them to be part of the Expo and we again ask them to come along and set up on Saturday afternoon after 4pm. The Expo will not be open while Mass is being celebrated.

The weekend will be broken up into 3 sessions:

**Saturday 6th from 5:30 to 7:30pm**

**Sunday 7th from 9:30-11:30am and**

**Sunday 7th from 5:30-7:30pm**

## COMMUNITY NEWS

### "Annie" – College Musical

St Clare's College in conjunction with St Edmunds College presents "Annie" 7.30pm St Clare's College Hall 18 - 20 August.

Tickets \$15 (Concession)

\$25 (Adults). Tickets available at St Clare's College Cashier. Phone 6260 9400 for more information.



### Could your child be affected by food chemicals?

Behaviour problems, poor concentration, asthma and rashes are just some of the possible effects of food chemicals. Sue Dengate is speaking in Canberra on Tuesday 16 August at 6:30pm at Monash Primary School. Details and online tickets at [www.fedup.com.au](http://www.fedup.com.au).

Sue is the author of the best-selling Fed Up series about reducing food chemicals for calm, happy families and co-author of a double-blind 2002 study on bread preservatives.

### Parent quotes:

*"Wow!!! Hearing Sue speak was probably the most enlightening experience I have had this year, if not this decade."*

*"Avoiding the bad foods totally changed my daughter's future. She's now happy, calm and doing brilliantly at school."*

*"In a matter of two days, we noticed a difference with our two children who are ADHD."*

*"You gave us the chance to see what a beautiful little boy we have been blessed with."*

*"My asthma is now totally manageable."*

### Teacher quotes:

*"After seeing Sue's talk, I did an additive free trial with my Year 8 science class. The whole class seemed to do better, but we saw amazing changes in two of the kids with serious behaviour issues. They were much calmer, more focussed and happier. One student in particular was really keen to turn over a new leaf now that she knew she could concentrate didn't have to explode." - Abby King. WA middle school teacher.*

*"Additive free food should be seriously considered by all Aussie families" according to Principal Chris Reimann of the Hills Christian Community School in Adelaide. Mr Reimann was commenting on improvements in students during the school's recent additive free program. Teacher Liz Nicholls described how students were happier, more focused, more respectful, less impulsive and "willing and eager to try new things more readily".*

### TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in February 2012 for their 5 or 10 month programs. Our international students from France, Germany, Italy, Austria, Japan, the U.S.A. and Canada will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on **1800 500 501**, request our little booklets of international student profiles, and capture the spirit of family and friendship!

### SCOUTS

Joining a Scout group is a great way for your child to build many valuable skills. Scout group activities are designed to build self esteem, improve interpersonal skills, encourage initiative and help children and young people take responsibility. For more information about joining Scouts call 1800 SCOUTS / 1800 726887 or visit our website, [www.scouts.com.au](http://www.scouts.com.au)



### SIDS AND KIDS TRIVIA NIGHT

SIDS and Kids ACT are holding a Trivia Night on August 6 at the Southern Cross Club, Turner starting at 7pm. Join us for a night of fun and prizes and help support this wonderful cause. Tables of 10, or we can find one for you. For further information or to book your table call SIDS and Kids ACT on 6287 4255 or email [mbarton@sidsandkisact.org](mailto:mbarton@sidsandkisact.org)

### STUDENT EXCHANGE

In January 2012, students aged 14 – 19 years from Japan, Europe, the USA and Latin America will be arriving in Australia to study at local schools for 2-10 months. Opportunities are available to act as a host family in a volunteer/unpaid capacity. Hosting can be on a temporary, short or long term basis. Host families help provide each student with the chance to study and experience life in Australia. This is a great way to practice another



language, share your stories, learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

Our students bring with them their own spending money, health insurance and a wonderful attitude and desire to learn about their new host country. Your whole family....and your relatives and friends....will grow and learn as you all get to know your new 'son' or 'daughter' from another land. If your family can offer a friendly, supportive and caring home environment, contact us today.



To learn more about this opportunity call Student Exchange Australia New Zealand on 1300 135 331 or visit our website. <http://studentexchange.org.au/host-a-student>

### **MARRIAGE ENCOUNTER**

A weekend away for married couples. Take time out of your busy schedule, to invest in your most precious asset...your Marriage! This is a unique opportunity to recharge your relationship batteries, refocus on each other and fall in love all over again!



**21 – 23 October** Winbourne, Edmund Rice centre, Mulgoa, NSW

For bookings/details contact: Ardell & Bill Sharpe 02 4283 3435 or [wsharpe@bigpond.net.au](mailto:wsharpe@bigpond.net.au)  
website: [www.wwme.org.au](http://www.wwme.org.au)

### **TUGGERANONG VIKINGS BASEBALL CLUB**

Would you like to play Baseball for the VIKINGS this season? All Juniors and Seniors welcome.

Season 2011/12 Registration Days @ Viking Park, McBryde Cr off Amsinck St Wanniasa

Saturday 13 August  
12 -3 pm  
Saturday 20 August  
12 -3 pm

Come and join the Vikings, be part of a sport that is growing in

Canberra thanks to the Canberra Cavalry, our team in the ABL.



### **THANK YOU from Katrina**

I would like to thank the following ladies for their incredible assistance in the canteen at the end of last term. Alexandra Hurt, Natalie Smith, Chrissy Smith, Donna Lambert, Liz Hewat, Barb Layden, Ros Seselja, Martha McHugh, Belinda van Bockxmeer, Belinda MacKenzie, Vicki Sofatzis, Marguerite Roberts, Angela Ryan, Brigita L'Estrange, Michelle Williams and of course our new Canteen Manager Jody. They were very trying weeks for me as my mother was unwell the first week and in hospital by the second week so I was just a 'little' emotional and overwhelmed at the time. I would also like to thank my dear friend Caroline Crowther who despite starting a new job was on call and who also helped my family out with several delicious home cooked meals. Words cannot express my gratitude for the amazing support these ladies gave me. I am trusting that Jody can also look forward to this same level of support from our great school community. Thank you again lovely ladies (I hope I haven't forgotten anyone and sincerely apologise if I have). Katrina Jones-Hockey