

# Holy Family P&F NEWSLETTER

| Your Community & Parish Update | Term 1 Week 4

## PRESIDENT'S MESSAGE

With Ian Seretin

Hi and welcome to week 4,

I hope everyone is settling in now to the school year and enjoying the many facets of Holy Family. It does take a big effort from many people to be able to provide the range of services and activities offered so if you have some spare capacity you would be welcomed with open arms at the school to volunteer to assist in any way you can.

One of the services provided by the P&F is care meals for families, each term Antoinette prepares a roster of volunteers to help prepare care meals. I am pleased to say we have had a fantastic response for Term 1, thank you parents. If you would like to get involved please contact Antoinette.

This Wednesday from 6-7 pm, the Fete Committee is holding a wrap up meeting in the staff room, the committee would like to hear from you about what went well, not so well and how the next fete can be even bigger, all welcome!

Calling all parents/grandparents of children in years 3-6, we need more volunteers for the swimming carnival, if you can spare even a half hour it would be helpful, please contact [jessica.eddelston@cg.catholic.edu.au](mailto:jessica.eddelston@cg.catholic.edu.au).

Have a great week 4.

Ian Seretin  
P&F President  
(M) 0403 011 369  
(E) [ian\\_seretin@hotmail.com](mailto:ian_seretin@hotmail.com)

### Important Dates

#### This week...

**Fun Food Day**  
Wed 28<sup>th</sup>.

**Fete Committee Wrap-up**  
Wed 28<sup>th</sup>, 6-7 pm.

**Parent Network Meeting**  
Wed 28<sup>th</sup>, 7 pm.

**Sacraments Registration Evening**  
Wed 28<sup>th</sup>.

#### Coming Soon...

**Canberra Day**  
Mon 12<sup>th</sup> March



## PARENT NETWORK

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### With Antoinette McBride

Welcome to week 4 everyone.

### Baby News!

A huge CONGRATULATIONS to Tori Amour (Senior Coosh staff) and Nathan on the safe arrival of their beautiful boy last Thursday. Welcome to the world baby Laiken!

### Kinder Picnic

Thank you to all the kinder families that came to the Fadden Pines Picnic last Wednesday, we had a lovely gathering of families and the weather was beautiful. It is always nice to see parents and kids mingle and get to know each other. Special mention to Kylie and Rachel who helped me out on the day getting the picnic table back over to the school.

### Care meals

The response to the care meal roster has been incredible this year. So many generous families volunteering to help out. **THANK YOU!** Term one roster has gone out. I will complete term 2 and include all the new families whose replies came back this week. Care meals are available to *all families*.

### Fete committee wrap up

On Wednesday we will have a Fete Committee wrap up meeting in the staff room from 6-7pm on Wednesday Feb 28 to regroup with stall holders, volunteers are welcome to join in as you made the event such a success. The meeting will recap on \$\$\$ taken on the day, and to chat about what worked well and any suggestions or changes we could make for our next school fete! See you there.

### Parent network meeting

Our first parent network meeting will be held this Wednesday also February 28 in the staff room from 7.00 pm.

### Swimming Carnival

Parents of children on years 3-6 will have received swimming notes home. Attached was a request for volunteers. Queanbeyan Aquatic Centre has recently opened a new play area to their centre. It is **AMAZING!** Children will have the opportunity by class, to enjoy these new facilities however we do need volunteers to supervise on the day. I know many parents do attend on the day, if you have a WWVP card please pop your name down if even for 30 mins to allow our children to experience the fun! Please contact [Jessica.eddelston@cg.catholic.edu.au](mailto:Jessica.eddelston@cg.catholic.edu.au) to assist.

Have a wonderful week!

Antoinette McBride  
Parent Ambassador  
(M) 0415 457 842  
(E) [antoinette.mcbride@cg.catholic.edu.au](mailto:antoinette.mcbride@cg.catholic.edu.au)



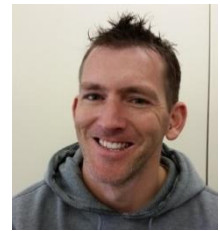
## CANTEEN UPDATE

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### With Michael Cook

Remember the fun food day is on Wednesday.

Michael Cook  
Canteen manager  
(E) [holyfamilygowriecanteen@gmail.com](mailto:holyfamilygowriecanteen@gmail.com)



## EDITOR'S NOTE

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### With Margaret Goubil

If you would like to contribute to the P&F newsletter (e.g. recipes, achievements, showcase your child's work, have a joke for the week, etc) please send through your content to me by **COB Friday** (exception is **weekend sports results** – please email me by **12noon Sunday**). This ensures your information is published in time for the following week's newsletter.

Marg Goubil  
P&F Newsletter Editor  
(E) [margaretgoubil@bigpond.com](mailto:margaretgoubil@bigpond.com)

## COMMUNITY NOTICE

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### Speech Pathology

CatholicCare's Speech Pathology service provides flexible, high quality, evidence based and person centred support to children of all ages in the following areas:

- » Speech sounds
- » Language (expressing themselves and understanding others)
- » Literacy (reading and spelling)
- » Voice
- » Fluency
- » Pragmatics and social skills
- » Using alternative and augmentative communication systems
- » Eating, drinking and swallowing

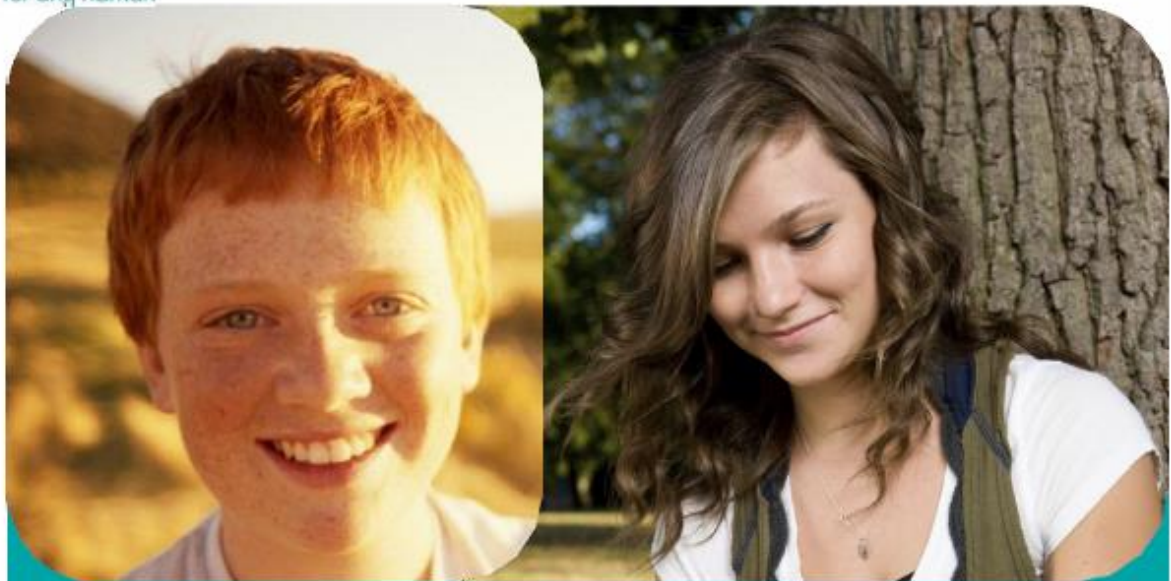
CatholicCare's Speech Pathology services are NDIS registered. The service is also offered for a fee.

Please contact us on 6162 6100 for more information and enquiries.



[www.catholiccare.cg.org.au](http://www.catholiccare.cg.org.au)

P:02 6162 6100



## The Journey THROUGH ADOLESCENCE

The Program is called The Resourceful Adolescent Program for Parents (RAP – P). This program is suitable for parents and carers of children attending primary school years 5 & 6 and secondary school students attending years 7–12.

**RAP – P will help you:**

- Help your teenager to develop a healthy self-esteem
- Help your teenager to gain independence while still feeling safe and part of the family
- Manage your stress so you can do your best job as a parent
- Prevent and manage conflict with your teenager
- Promote harmony in your family

The course is offered 3 hours per week over a 3-week period.

**DATES:** Commencing Monday 19 March 2018

**TIME:** 6pm–9pm

**VENUE:** 57 Hicks Street, Red Hill

**FEE:** \$100 (Concessions available)  
includes light supper & course materials

