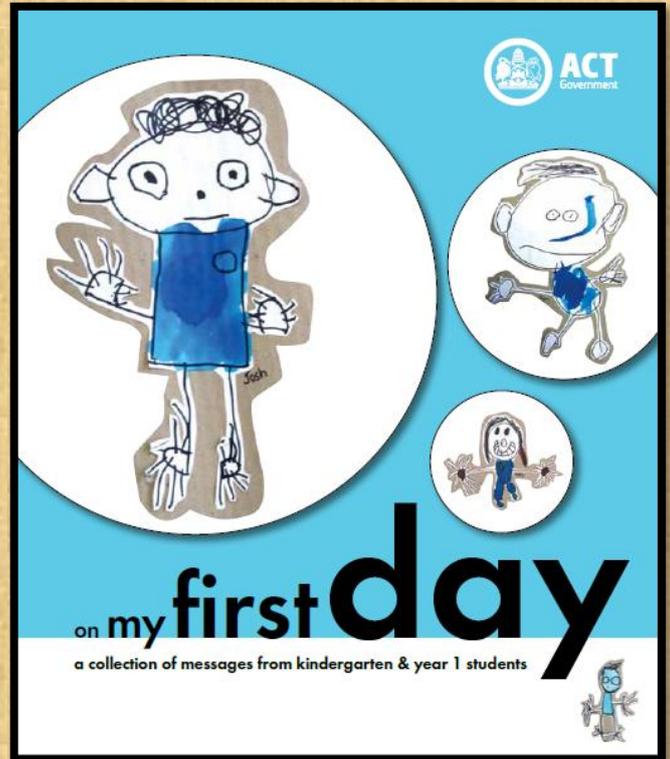


First Day Feelings

It was the Panda's first day of preschool today! The children were very brave saying good bye to mums and dads and settling into a circle for Morning Prayer.

During group time the children listened to a book called '*On my First Day*' put out by the ACT government. This book is a collection of messages and drawn pictures from kindergarten & year one students about their feelings about starting school.

Following the reading the Pandas passed around our mascot panda toy and shared their own feelings about their first day. Some children were confident and excited whilst others took a little time to part their loved ones.



Savannah - I felt happy because I knew I would meet new friends.

Mae - I was happy and brave when Mummy and Daddy left.

Riley - I was happy because I like my Mum and Dad to go.

Movi - I was happy because I could play with my friend Tate.

Lily - I was sad because Mummy wouldn't give me a kiss and cuddle.

Aston - I was sad because Mum would not let me go to Kinder.

Chloe - I was happy because Mum and Dad gave me a kiss and cuddle.

Olivia - I was happy when Mummy and Daddy left.

Saige - I was happy because Mum and Dad gave me a kiss.

Zella - I was scared when Mum and Dad was going.

Madison - Happy when I gave Mum and Dad a cuddle.

Kobus - Happy Mum and Dad gave me a kiss

Emma - I was nervous because I miss my Mum and Dad.

Lachlan - I was happy and excited to go to preschool.

Miley - I was sad when my Mum left.

Nate - I was sad when Mum and Dad didn't give me a kiss and cuddle.

Elaina - I was good and happy because I get to do a drawing.

Early Years Learning Framework

By reading this text and having a conversation with the children about their feelings they were made to feel more comfortable in knowing that although their feelings varied they were accepted and okay.

Outcome 1.1 *Children feel safe, secure and supported. This is evident when they share their feelings and ideas in their interactions with others.*

Outcome 5.1 *Children interact verbally for a range of purposes through responding to the story with their own feelings.*

how it feels to start school



Everyone feels different when they start school. For some children it's a little scary and they might feel shy, but for others, it's an exciting time. Just remember that everyone is different and how you feel about starting school is okay.



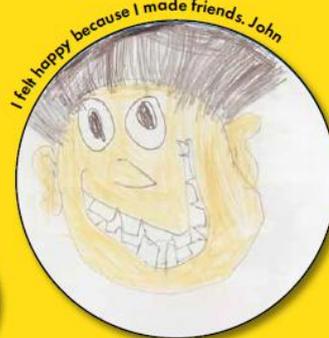
I felt shy because I didn't know anyone. Kira



I felt happy because I like being happy & I liked being at school. Carla



I felt nervous, happy, scared. Ayva



I felt happy because I made friends. John



I felt nervous. Charlotte



I felt sad because I left mum & I was not used to it. Laddan



I felt happy because we got to choose our own work. Zoe

PLOD (Possible lines of development)

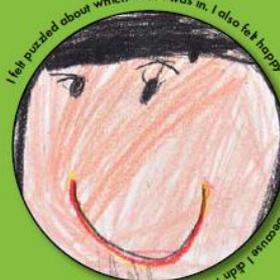
- Read books about school such as *What I Love About School* and find out children's interests to get the children excited about coming to preschool.
- Build on children's confidence and sense of belonging to the preschool room through birthday display, name tag decorating and making a Panda hand print prayer cloth.
- Could possibly look further into how children are different through a self-portrait picture with information about themselves. (Building on identity).



I felt happy because I really wanted to go to school. Mia



I felt happy & excited. I could meet new friends. It was a short day so I felt happy. Lucy



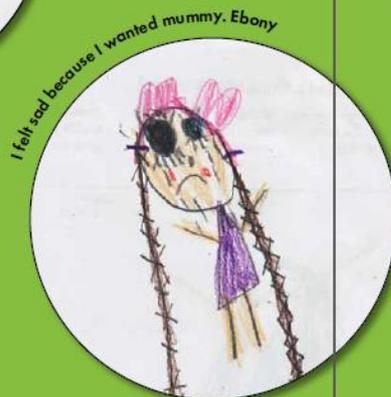
I felt puzzled about which class I was in. I also felt happy & good. I also felt scared because I didn't know anyone. Sophie



I had butterflies & felt excited. Harriet



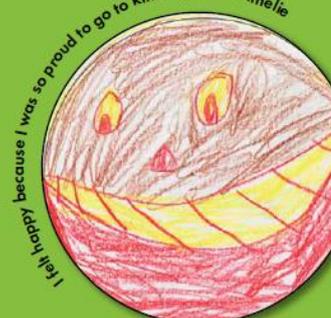
I felt nervous & shy because it was my first day of school. Sarah



I felt sad because I wanted mummy. Ebony



I felt scared because there were lots of different people I didn't know. Ellie



I felt happy because I was so proud to go to kindergarten. Amelie